



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Monday, July 31

WG Chicken Nuggets  
WG Bread  
Baby Carrots  
Spicy Slaw  
Applesauce  
Ketchup Packet

### Tuesday, August 1

Beef Hot Dog  
WG Hot Dog Bun  
Edamame  
Cucumber  
Orange Slices

### Wednesday, August 2

Creamy Mac 'N' Cheese  
Corn  
Pickle Chips  
Applesauce Cup

### Thursday, August 3

WG Penne Pasta w/ Marinara  
Sauce & Mozzarella  
Roasted Zucchini  
Three Bean Salad  
Melon

### Friday, August 4

Beef Burger  
WG Hamburger Bun  
Broccoli  
Fruit Salad CHP  
Ketchup Packet  
Pickle Chips

### Monday, August 7

Beef Hot Dog  
WG Hot Dog Bun  
Green Beans  
Pickle Chips  
Apple Slices  
Ketchup Packet

### Tuesday, August 8

WG Penne Pasta w/ Marinara  
Sauce & Mozzarella  
Greek Cucumber Salad  
Baby Carrots  
Applesauce

### Wednesday, August 9

Creamy Mac 'N' Cheese  
Peas  
Cherry Tomatoes  
Pear Slices

### Thursday, August 10

Beef Burger  
WG Hamburger Bun  
Broccoli  
Black Bean & Corn Salad  
Pineapple  
Ketchup Packet  
Pickle Chips

### Friday, August 11

WG Chicken Nuggets  
WG Bread  
Roasted Potatoes  
Three Bean salad  
Melon  
Ketchup Packet

### Monday, August 14

Beef Hot Dog  
WG Hot Dog Bun  
Potato Fries  
Baby Carrots  
Orange Slices  
Ketchup Packets

### Tuesday, August 15

Creamy Mac 'N' Cheese  
Peppers & Onions  
Salsa  
Pear Slices

### Wednesday, August 16

WG Penne Pasta w/ Marinara  
Sauce & Mozzarella  
Roasted Zucchini  
Edamame  
Apple Slices

### Thursday, August 17

Beef Burger  
WG Hamburger Bun  
Broccoli  
Lemony Chickpea Salad  
Melon  
Ketchup Packet  
Pickle Chips

### Friday, August 18

WG Chicken Nuggets  
WG Bread  
Cucumber Slices  
Red Pepper Strips  
Fruit Salad CHP  
Ketchup Packet

### Monday, August 21

Beef Burger  
WG Hamburger Bun  
Baby Carrots  
Black Beans  
Applesauce  
Ketchup Packet  
Pickle Chips

### Tuesday, August 22

Creamy Mac 'N' Cheese  
Cucumber Salad  
Red Pepper Strips  
Pear Slices

### Wednesday, August 23

WG Chicken Nuggets  
WG Bread  
Green Beans  
Cauliflower  
Apple Slices  
Ketchup Packet

### Thursday, August 24

WG Penne Pasta w/ Marinara  
Sauce & Mozzarella  
Corn  
Cherry Tomatoes  
Pineapple

### Friday, August 25

Beef Hot Dog  
WG Hot Dog Bun  
Collard Greens  
Baked Beans  
Fruit Salad CHP  
Ketchup Packet

### Monday, August 28

WG Chicken Nuggets  
WG Bread  
Baby Carrots  
Three Bean Salad  
Applesauce  
Ketchup Packet

### Tuesday, August 29

Beef Hot Dog  
WG Hot Dog Bun  
Cucumber Salad  
Red Pepper Strips  
Apple Slices  
Ketchup Packet

### Wednesday, August 30

Creamy Mac 'N' Cheese  
Peas  
Honey Carrots  
Pear Slices

### Thursday, August 31

WG Penne Pasta w/ Marinara  
Sauce & Mozzarella  
Corn  
Seasoned Black Beans  
Pineapple

### Friday, September 1

Beef Burger  
WG Hamburger Bun  
Broccoli  
Coleslaw  
Fruit Salad CHP  
Ketchup Packet  
Pickle Chips

# Hot Lunch #2

## Comfort Menu

### August 2023

WG = Whole Grain  
CHP = Cantaloupe, Honeydew, Pineapple

\*This institution is an equal opportunity provider  
\*\*Two milk options offered with each meal