



Monday

Tuesday

Wednesday

Thursday

Friday

Monday, September 4

Beef Hot Dog
WG Hot Dog Bun
Green Beans
Pickle Chips
Orange Slices
Ketchup Packet

Tuesday, September 5

Creamy Mac 'N Cheese
Peas
Baked Beans
Applesauce

Wednesday, September 6

WG Penne Pasta w/ Marinara
Sauce & Mozzarella
Broccoli
Lemon Chickpea Salad
Pear Slices

Thursday, September 7

Beef Burger
WG Hamburger Bun
Potato Fries
Celery
Melon
Pickle Chips & Ketchup Packet

Friday, September 8

WG Chicken Nuggets
WG Bread Slice
Baby Carrots
Red Pepper Strips
Fruit Salad CHP
Ketchup Packet

Monday, September 11

Beef Hot Dog
WG Hot Dog Bun
Roasted Sweet Potatoes
Baked Beans
Apple Slices
Ketchup Packet

Tuesday, September 12

WG Penne Pasta w/ Marinara
Sauce & Mozzarella
Greek Cucumber Salad
Roasted Chickpeas
Orange Slices

Wednesday, September 13

WG Chicken Nuggets
WG Bread
Broccoli
Honey-Glazed Carrots
Pear Slices
Ketchup Packet

Thursday, September 14

Creamy Mac 'N' Cheese
Cabbage
Black Bean & Corn Salad
Pineapple

Friday, September 15

Beef Burger
WG Hamburger Bun
Roasted Potatoes
Cucumber Slices
Melon
Pickle Chips & Ketchup Packets

Monday, September 18

WG Chicken Nuggets
WG Bread Slice
Roasted Sweet Potatoes
GF/DF/EF Coleslaw
Orange Slices
Ketchup Packet

Tuesday, September 19

Creamy Mac 'N' Cheese
Corn
Seasoned-Black Beans
Pear Slices

Wednesday, September 20

Beef Burger
WG Hamburger Bun
Broccoli
Red Pepper Strips
Apple Slices
Pickle Chips & Ketchup Packet

Thursday, September 21

WG Penne Pasta w/ Marinara
Sauce & Mozzarella
Squash Medley
Baked Beans
Melon

Friday, September 22

Beef Hot Dog
WG Hot Dog Bun
Baby Carrots
Celery
Fruit Salad CHP
Ketchup Packet

Monday, September 25

WG Chicken Nuggets
WG Bread
Baby Carrots
Three Bean Salad
Applesauce
Ketchup Packet

Tuesday, September 26

Beef Hot Dog
WG Hot Dog Bun
Cucumber Salad
Red Pepper Strips
Apple Slices
Ketchup Packet

Wednesday, September 27

Creamy Mac 'N' Cheese
Peas
Honey Carrots
Pear Slices

Thursday, September 28

WG Penne Pasta w/ Marinara
Sauce & Mozzarella
Corn
Seasoned Black Beans
Pineapple

Friday, September 29

Beef Burger
WG Hamburger Bun
Broccoli
GF/DF/EF Coleslaw
Fruit Salad CHP
Pickle Chips & Ketchup Packet

WG = Whole Grain
CHP = Cantaloupe, Honeydew, Pineapple

Hot Lunch #2

Comfort Menu

September 2023

*This institution is an equal opportunity provider
**Two milk options offered with each meal